



## Ashdown Interschool Mud Run Waiver

- I understand that entering Ashdown Interschool Mud Run is a hazardous activity.
- I understand that Ashdown Interschool Mud Run presents obstacles including, but not limited to stream crossings, mud pits and steep hills.
- I agree not to participate unless I am medically able.
- I agree to not consume alcohol prior to Ashdown Interschool Mud Run or ingest any medicines or substances that will inhibit my mental or physical ability to safely and effectively participate in Ashdown Interschool Mud Run.
- I agree to abide by any decision of a race official relative to my ability to safely complete the race.
- I assume all risks associated with competing in Ashdown Interschool Mud Run, including but not limited to falls, contact with other participants, negligent or wanton acts of other participants, completing all obstacles, defects or condition of premises, the effects of the weather, including high heat and/or humidity, all such risks being known and appreciated by me.
- I agree that The Race Organiser is not responsible for any personal items or property that are lost or stolen in the baggage check area.
- I consent to emergency medical care and transportation in order to obtain treatment in the event of injury to me as medical professionals may deem appropriate. This Release extends to any liability arising out of or in any way connected with the medical treatment and transportation provided in the event of an emergency.

### Waiver & Release of all claims & assumption of risk

I recognise and acknowledge that there are certain risks of physical injury to participants in Ashdown Interschool Mud Run, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these activities against The Race Organiser LTD. including its officials, agents, volunteers, sponsors, and employees (hereinafter collectively referred to as The Race Organiser LTD or Ashdown Interschool Mud Run). I do hereby fully release and forever discharge The Race Organiser Ltd from any and all claims for injuries, illnesses, damages, expenses, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with the race, program or activities. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. When registering online, my online signature shall substitute for and have the same legal effect as an original form signature. PARTICIPATION WILL BE DENIED, if the signature of an adult participant or parent/guardian and date are not signed at the time and place of the race. The Race Organiser LTD. Is committed to conducting its race and activities in a safe manner and holds the safety of participants in high regard. The Race Organiser LTD. Continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for the race, programs/activities must recognise that there is an inherent risk of injury when choosing to participate in recreational activities/programs. I am solely responsible for determining if I or my minor child/ward is physically fit and/or skilled for the race or activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant or disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity. I do hereby fully release and forever discharge The Race Organiser LTD from any and all claims for injuries, damages or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these programs/activities.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims.

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Name (Printed)	Name (Signed)	Date
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ONLY COMPLETE BELOW SECTION IF YOU ARE A PARENT OR GUARDIAN OF A PARTICIPANT UNDER THE AGE OF 18:

I, the parent or guardian of the above named participant, hereby give my approval to this child's participation in the race and its activities. I assume all risks and hazards incidental to such participation in Ashdown Interschool Mud Run, and I hereby waive, release, absolve, indemnify, and agree to hold harmless The Race Organiser LTD, its officers, heirs, assigns, administrators, personal representatives and executors, firms, corporations, businesses, and past and present employees, owners, agents, shareholders, volunteers, administrators, sponsors, supervisors, participants, all city, county, and state governments, and all sponsors, their representatives and successors and others persons, for any claim arising or of an injury to my/our child and from any and all claims, causes of actions, obligations, lawsuits, charges, complaints, contracts, controversies, covenants, agreements, promises, damages, costs, expenses, responsibilities, of whatsoever kind, nature or description, whether, direct or indirect, in law or in equity, in contract or in tort, or otherwise, whether known or unknown, from all claims or liabilities of any kind arising out of or connected with my child(ren)'s participation in this event. I consent to the foregoing and grant permission for him/her to participate in Ashdown Interschool Mud Run. I acknowledge I have carefully read, accepted and agreed to the terms on this Release and Liability waiver, and know and understand their contents and I sign the same on my own free act and deed.

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Child Name (Printed)	Parent or Guardian Signature	Date
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